Greendaum®
HOME HEALTH CARE

# FOUR SEASONS WELLBEING STORY

GREEN DAUM SIGNATURE SAUNA

HINOKI CYPRESS CONTAINS THE MOST NATURAL ANTIBACTERIAL SUBSTANCE,
PHYTONCIDE, WHICH HAS EXCELLENT STERILIZATION EFFECTS. IT IS USED
AS THE BEST HEALTH CARE PRODUCT IN SYNERGY WITH FAR-INFRARED RAYS.
EXPERIENCE BETTER CARE EFFECTS WHEN USED THROUGHOUT ALL FOUR SEASONS.



KEEP WARM ;
STAY HEALTHY

- ☑ FRESH AND PLEASANT HINOKI CYPRESS SCENT 365 DAYS A YEAR
- ☑ PHYTONCIDE AND FAR-INFRARED RAYS FOR NATURAL IMMUNE ENHANCEMENT
- ☑ IMPROVEMENT OF ATOPIC DERMATITIS, SKIN DISEASES, STRESS, AND INSOMNIA
- ☑ INCREASES BODY TEMPERATURE AND IMMUNITY WITH FAR-INFRARED RAYS
- ☑ REMOVES FINE DUST AND PURIFIES THE AIR BY GENERATING NEGATIVE IONS

REGISTERED PRODUCT OF THE PUBLIC
PROCUREMENT SERVICE VENTURE NARA
30181516-24397679, 24731565

# 🌟 Healing at Home with Greendaum Wellbeing Story Sauna!

Experience comfort and warmth with Greendaum Wellbeing Story.
Choose the model that fits your space to enrich your relaxation time.

PHYTONCIDE

Low Electricity Cost
Daily 1 hour<10,000
KRW per month.

## Time & Temperature Control Function

Modern white controller
Easy temperature and time adjustment





## Spacious and Cozy Interior

Efficient use of space with a table.
Ideal for enjoying a book or a cup of tea leisurely.

## GREENDAUM WELLBEING STORY STANDARD MINI

Perfectly fits in small spaces, providing a luxurious sauna experience.

H 1.56M MODEL NO, STMINI-H1

MODEL NO, STMINI-H1



## GREENDAUM WELLBEING STORY STANDARD

Ideal for those who prefer a spacious area for comfortable relaxation.

H 1.8M MODEL NO, ST-H1

MODEL NO, ST-H1



# Unique Experience with Wellbeing Story



## # PREMIUM WOOD

ENHANCES INTERIOR DESIGN BY CLEANLY PRESERVING THE WOOD GRAIN.

## # JOINERY TECHNIQUE

MINIMIZES THE USE OF NAILS WITH TRADITIONAL FURNITURE JOINERY TECHNIQUES, PRESERVING THE NATURAL APPEARANCE.





## # LOW-TEMPERATURE DRYING

- THE LOW-TEMPERATURE DRYING METHOD AT ≤ 60℃ KEEPS THE PHYTONCIDE SCENT LONGER COMPARED TO THE HIGH-TEMPERATURE
- EVEN WITH THE BEST HINOKI CYPRESS WOOD, DRYING METHOD AT ≥ 85 ℃ HIGH-TEMPERATURE SIGNIFICANTLY REDUCES THE PHYTONCIDE SCENT AND FIBERS.

THE AMOUNT OF KNOT-FREE WOOD (WITHOUT KNOTS) OBTAINED FROM A SINGLE LOG IS LESS THAN 20%, MAKING IT AN EXPENSIVE AND HIGH-QUALITY MATERIAL.



STANDARD TYPE (WITH KNOTS)



PREMIUM TYPE (ALMOST KNOT-FREE)

## MAIN PRODUCT

**Standard**

SIZE : L750 X D830 X H1,800 (MM)

- STANDARD TYPE (WITH KNOTS)
- PREMIUM TYPE (ALMOST KNOT-FREE)

**Standard Mini**

SIZE: 750 X 850 X 1,560 (MM)

- STANDARD TYPE (WITH KNOTS)
- PREMIUM TYPE (ALMOST KNOT-FREE)

*CUSTOM SIZES AVAILABLE UPON REQUEST.

## HOW TO USE

AFTER USING THE DRY SAUNA FOR ABOUT 20 MINUTES, CAN RETURN TO YOUR DAILY ACTIVITIES IMMEDIATELY. EASILY INCREASE YOUR BODY TEMPERATURE AND IMMUNITY BY ADJUSTING TO YOUR DESIRED TEMPERATURE.

TIP | YOU CAN RECEIVE BETTER CARE EFFECTS BY USING IT THROUGHOUT ALL FOUR SEASONS. LEAVING THE DOOR OPEN AFTER USE WILL FILL THE SPACE WITH THE SCENT OF PHYTONCIDE.

# Greendaum Wellbeing Story Four-Season Usage Guide

## Wellbeing Story Home Sauna Features:

- Far-infrared home sauna used at relatively low temperatures.
- Helps increase body temperature, promote blood circulation, and remove waste with far-infrared and phytoncide.
- Suitable for the elderly or children (with a guardian), and comfortable to breathe due to low humidity.

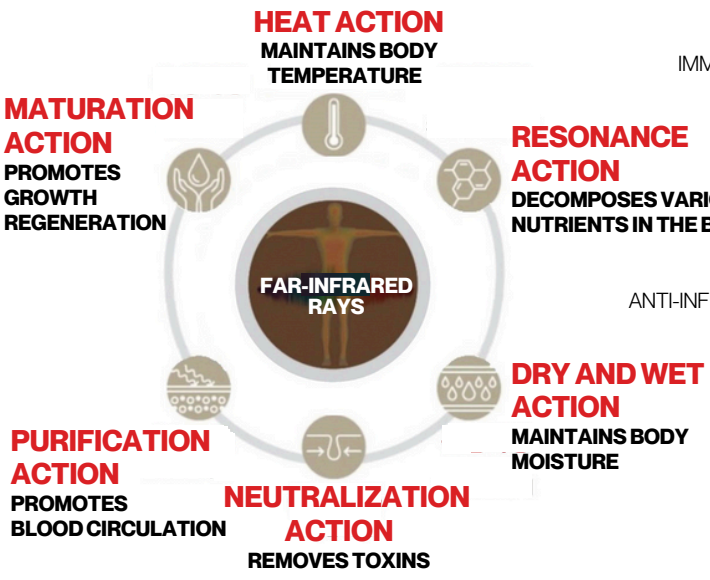
## Recommended Temperature Guide

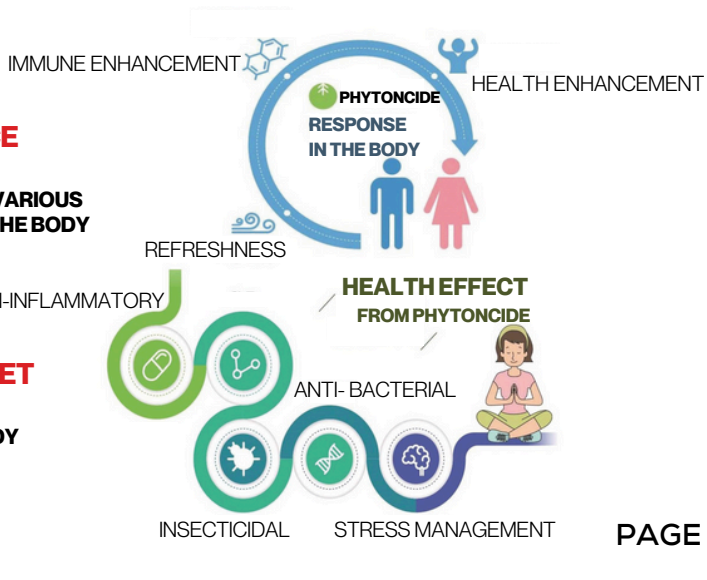
| AGE | SPRING /FALL | SUMMER | WINTER | WHEN WANT TO SWEAT | WHEN FEEL COLD & EXPERIENCE CHILLS |
|---|---|---|---|---|---|
| YOUTH | 25~35℃ | ≤30℃ | 35~40℃ | 37~45℃ | 35~40℃ |
| ADULT | 25~35℃ | ≤30℃ | 35~40℃ | 37~45℃ | 35~40℃ |
| SENIOR | 25~30℃ | ≤30℃ | 30~35℃ | 37~40℃ | 30~38℃ |

※ For optimal healing, a temperature of ± 30°C is recommended!

- After using the sauna, leave the door open to refresh the surroundings with far-infrared rays and the scent of phytoncide.
- Spraying water during sauna use enhances the healing feeling of the phytoncide scent for both body and mind.





INNO-BIZ
MAIN-BIZ
VENTURE

JEOLLABUK-DO PROMISING SME

## SNS

YouTube
https://www.youtube.com/
@shinyoungwood

blog
https://blog.naver.com/
shinyoung_wood

Instagram
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NOBUL WOOD

그린다움 사진 동영상

GREENDAUM

